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Bio Jill Nussinow, MS, RD

Jill Nussinow, aka The Veggie Queen™ is a Registered Dietitian who has been teaching plant-based, whole foods cooking almost 30 years at Santa Rosa Junior College and elsewhere throughout the US and beyond. She is the author of three award-winning cookbooks: *'The New Fast Food: The Veggie Queen Pressure Cooks Whole Food Meals in Less than 30 Minutes'*, *'Nutrition CHAMPS: The Veggie Queen's Guide to Eating and Cooking for Optimum Health, Happiness, Energy and Vitality'* and *'The Veggie Queen: Vegetables Get the Royal Treatment'*, and, and stars in the DVD: *'Pressure Cooking: A Fresh Look, Delicious Dishes in Minutes.'*

Her next book *'Vegan Under Pressure'* (Houghton) will be released later this year. You will find her frequenting local farmers markets weekly. One of her favorite things is to see what she can cook up in her pressure cookers with what's fresh at the market. Jill also loves mushroom hunting and teaching fermentation classes.

Jill's goal is to see everyone leading a healthy, happy life through better eating and cooking. She loves to share the passion and joy of great food, especially when using the pressure cooker for personal and planetary health.

Her website is www.theveggiequeen.com. You can see her in action on You Tube at [TheVQ](https://www.youtube.com/channel/UC...).